



Contents

1. Introduction
2. Relationship with the client
3. Presentation and practice of the Metamorphic Technique
4. Professional development and collaboration
5. Administration and marketing
6. Complaints and disciplinary procedure

1. Introduction

The aim of the Metamorphic Technique practitioner is to act as a catalyst enabling clients to dissolve their own barriers to change and transform themselves. This Code of Practice sets out the standards of practice and professionalism that are expected of members of the Metamorphic Association (practitioners and teachers). It is designed to encourage integrity and responsibility in the practice of the Metamorphic Technique and to further the standing of members of the Metamorphic Association. Compliance with this Code of Practice is mandatory for members of the Metamorphic Association.

2. Relationship with the client

2.1 Members shall ensure that the welfare of the client is given overriding priority and shall take all reasonable steps to ensure client safety.

2.2 The relationship between a member and his/her client is that of a professional with a client. The personal conduct of members shall be appropriate to that professional relationship. Members should avoid any development of physical, sexual or emotional relationship with clients. Members shall behave with courtesy, respect, integrity and discretion. Their attitude shall be one that empowers clients' beliefs in their ability to transform their own patterns as appropriate for them.

2.3 Members shall work in an inclusive manner, meaning that they shall not discriminate against clients or potential clients on the basis of religion, race, sex, sexual orientation, disability, age or health.

2.4 Members shall respect clients' religious, spiritual, political and social beliefs and shall never seek to impose their beliefs on a client.

2.5 Members shall make clear agreements with clients. It is not possible to guarantee the outcome of Metamorphic Technique sessions; therefore the terms on which sessions are provided should be clearly stated. Fees and session times should be clearly agreed before a session commences. When practitioners offer sessions without payment of a fee they work under the same professional obligations to the client as when a fee is paid.

2.6 Members shall ensure that they themselves are physically and psychologically fit to practise. Discretion should be used in practising with clients who may be physically or mentally unstable; a member should not practise in any environment or situation which exceeds his/her capacity.

2.7 A member has the right to refuse to give a session to a client.

2.8 A client has the right to refuse a session and to request that a session be stopped; members shall respect these rights and requests at all times.

2.9 For child protection, clients under 16 should be attended only in the presence of a responsible adult or with their written permission.

3. Presentation and practice of the Metamorphic Technique

3.1 Members shall perform the Metamorphic Technique as taught, whereby a light touch is applied to the spinal reflexes in the feet, hands and head; the touch shall not extend beyond these areas, nor shall any pressure be applied.

3.2 Members shall work in a detached manner, meaning that they refrain from diagnosing, from varying the practice in order to concentrate on any perceived condition, and from offering advice in the context of a Metamorphic Technique session.

3.3 If a member practises medicine or complementary/alternative therapies, it should be made clear to the client that these approaches form no part of a Metamorphic Technique session.

3.4 Members shall present the Metamorphic Technique clearly and accurately to clients; members may not make any claims regarding the outcome of receiving Metamorphic Technique sessions.

3.5 Members may not recommend a 'course' or set number of sessions for clients.

3.6 Members shall at all times operate within the current legislative framework, including adherence to any relevant local by-laws; members are responsible for ensuring knowledge of, and compliance with, relevant legislation.

4. Professional development and collaboration

4.1 Members are responsible for their continuing personal and professional development by pursuing appropriate training and relating with colleagues with a view to broadening their knowledge and awareness.

4.2 Members shall work in a co-operative manner with professionals in both the conventional and alternative/complementary sectors, and recognise and respect their contribution.

4.3 Registered medical practitioners and members of other health care professions remain subject to the codes of conduct of their respective professions and professional organisations.

4.4 Members shall not speak or write disrespectfully of fellow members either publicly or to clients. (Any complaints against a member should be made according to the complaints procedure set out in section 6.)

5. Administration and publicity

5.1 Members are encouraged in their professional practice to be covered by professional indemnity insurance against public liability.

5.2 Members may not use the terms 'accredited' or 'qualified' alongside their name in respect of the Metamorphic Technique. They may, however, use the term 'Member (or Practitioner/Teacher Member) of the Metamorphic Association'. These terms may not be abbreviated to letters following their name (such as MMA).

5.3 Members may advertise their services, exercising care that nothing is said or implied that would make inappropriate claims for, or discredit, the Metamorphic Technique.

5.4 Members shall ensure they keep accurate client records, including name, address, telephone number and dates of sessions. Client records must be kept secure at all times.

5.5 Members shall respect client confidentiality at all times. Information about a client may not be disclosed to any third party without that client's consent.

5.5 Premises and practice rooms must meet acceptable standards regarding appearance, hygiene, comfort, and health and safety.

5.6 Members are bound by the Metamorphic Association's complaints and disciplinary procedure (section 6) and they should provide clients with the relevant information in the event that a client wishes to make a complaint.

6. Complaints and disciplinary procedure

Any complaint with respect to a member of the Metamorphic Association should be made in writing and addressed to the Board of Trustees. The complaint will be acknowledged by return, and will then be considered and all parties informed of the decision within one month. The complainant should be aware that the written complaint may be copied and passed to the defendant to enable them to put forward their response. Members are required to abide by the decision of the Board of Trustees. The Board reserves the right to revoke a person's membership if they feel s/he is unfit to remain as a member.

Updated 2005